



Dear Patient,

We are excited to share more information about the Pelvic Health Program with you. Thank you for considering us as your health care provider. There are several frequently asked questions surrounding this specialized physical therapy and we are here to answer your questions and ease any concerns you may have.

**What is Pelvic Physical Therapy?** We specialize in the treatment of musculoskeletal and pelvic floor dysfunction in relation to bowel and bladder function, abdominal/organ problems, pelvic bones/hip pain, and low back/sacrum and coccyx disorders. Common diagnoses that we treat are: abdominal pain, pelvic pain, urinary or fecal leakage, constipation, vulvodynia, interstitial cystitis/painful bladder syndrome, urinary frequency/urge, pudendal neuralgia and athletic injuries associated at or near the pelvic region or upper thighs. We provide manual therapy techniques, state-of-the-art technology such as biofeedback, extensive patient education, and a variety of other modalities to meet your individual needs.

**What can I expect at my first visit and treatments?** You will initially have a one-on-one consultation with your physical therapist to ensure we have a detailed history of your condition. Your evaluation and treatments will be in a private room. (Approximately 50 minutes for evaluation and treatments)

**Do the therapists have special training?** Yes. All of our Pelvic Health PT's have received extensive post-graduate training in this specialized field.

**How do I set up my first visit?** Call our scheduling line at 407-303-8080. Please have your prescription and insurance information with you and ask to schedule with the Pelvic Health Program.

**Will my treatment be covered by my health insurance?** All major insurance plans are accepted including Medicare and FHHS.

If you have additional questions, please do not hesitate to contact us at 407-303-8280.

Thank you,

Florida Hospital Pelvic Health Rehabilitation

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