

Prenatal and Postnatal Massage

Florida Hospital's Medical Massage Program offers safe and effective massage treatments with the following benefits:

- Proper and safe positioning in a clinical setting
- Addresses the physiological changes that occur during and after pregnancy
- Reduces edema, stress, and anxiety
- Improves sleep and circulation
- Relieves muscle aches and joint pain
- Improved oxygenation of soft tissue and muscles



Hour sessions are recommended for prenatal or postnatal massage.

- 60 minutes — \$65

Massage appointments can be scheduled by calling (407) 303- 8280.

Pelvic Health Rehabilitation
2520 North Orange Avenue
Suite 100
Orlando, FL 32804
(MM27485)

Gift cards are available.

Payroll deduction and a \$5 discount is available for FH employees.

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