

Premier Destination.
Premier Services.



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Florida Hospital Pelvic Health Rehabilitation is proud to offer patients a comprehensive line of services geared toward treating and bringing comfort to men and women with pelvic health diagnoses. Our state-of-the-art facilities are equipped with private treatment rooms in a spa-like environment to ensure every patient receives the utmost care, both physically and emotionally. Both the Orlando and Celebration facilities offer a multitude of treatment plans that are tailored to fit your needs.



We offer treatments for the following conditions:

- Pelvic pain
- Abdominal pain
- Scarring/adhesions from surgery
- Urinary and bowel disorders/leakage
- Interstitial cystitis/painful bladder syndrome
- Painful intercourse
- Pregnancy and postpartum conditions
- Gynecological cancers (post-operative or post-radiation/chemotherapy)
- Pudendal neuralgia
- Pelvic prolapse (ex: uterine prolapse)
- Tailbone pain
- Vulvodynia

“My therapist addressed my needs and questions with consideration and patience. I would recommend her to anyone suffering from pelvic conditions.”

— Anna

In addition to specialized pelvic therapy treatments, we also offer Pilates, Yoga, and Massage to help heal and treat the whole body, not just a specific area. Other options include one-of-a-kind pelvic health packages where you, along with the help of a therapist, can design an individualized plan of care based on your goals, needs and personal preference. Our overall goal is to create a sanctuary where medical innovation meets an individualized plan of care in a calming and relaxing environment where healing and restoration can take place.



Your Health Matters. Discover Your Renewal.

Your health and wellbeing is what drives our therapists to be the most elite and highly trained pelvic health therapists in Central Florida. At Florida Hospital Pelvic Health Rehabilitation, we are here to help you begin your healing process and will make your success our first priority.

Questionnaire

You (or someone you know) are a candidate for Pelvic Physical Therapy if you answer yes to any of the following questions: (M for male, F for female, P for pediatric)

- F: Do you have a painful episiotomy or c-section scar?
- F: Do you experience painful intercourse?
- M/F: Do you have urinary leakage with coughing/sneezing or an urge? Males, do you have urinary leakage since your prostate surgery?
- M/F: Do you urinate more frequently than every 2 hours?
- M/F: Do you have abdominal pain months or years after abdominal surgery?
- M/F: Do you have severe nerve-like pain with sitting?
- M: Do you have problems with chronic constipation?
- P: Does your child have bedwetting issues, chronic constipation, or urinary frequency?
- F: Do you have back pain or "Sciatica" during/after pregnancy?

The treatments we offer can potentially prevent surgery or be a great complement to post-surgical recovery.

To schedule an appointment or for more information, please call (407) 303-8080.

Most insurance plans accepted. Call us for a physician referral.



Florida Hospital
PELVIC HEALTH
 REHABILITATION

Celebration Health

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 Suite C200
 Celebration, Florida 34747
 P: (407) 303-4003

Health Village- Orlando

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 Suite 100
 Orlando, Florida 32804
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